

## MEET SUMMONS (v1)

#### **2019 REV Bahamas National Swimming Championships**

A FINA Sanctioned Event for the 2019 World Championships,

A FINA Sanctioned Event for the 2020 Olympic Games

The Bahamas Aquatics Federation (Bahamas Aquatics) hereby invites all member clubs and Unattached registered swimmers to participate in the **48**<sup>th</sup> Bahamas National Swimming Championships.

#### 1. DATES AND VENUE

Dates: June 20<sup>th</sup> to June 23<sup>rd</sup> 2019

Venue: Betty Kelly Kenning National Swim Complex, Sports Centre Drive,

Queen Elizabeth Sports Centre, Oakes Field, Nassau.

The pool will be open 90 minutes before the start of competition.

#### 2. POOL SPECIFICATIONS

10 Lane, 50 Metre, Competition Pool utilizing Electronic Timing Equipment by Colorado Timing Systems. 25 Metre Warm-Up/Down Pool available.

#### 3. RULES OF COMPETITION

The competition will be governed by the National Championship Rules (as modified by the council of the Bahamas Swimming Federation based on the recommendations of the Technical committee - January 2019) and in accordance with FINA Rules 2015-2019 FINA Rule SW 4.4 shall be applied.

In the preliminary heats of swimming, the start will be "over the top" in the freestyle, breaststroke and butterfly events.

Any preliminary event with eight (8) or less entries shall automatically become a final to be swum in the afternoon/evening session.

B Finals for events that have more than 2 non Bahamas Aquatics registered swimmers in finals. The finals will be seeded by using the fastest times and medals/points will be awarded based on final placements of Bahamas Aquatics registered swimmers. In the case more than 2 Foreign Swimmers are seeded with top times, the Federation will hold an A and B Final, but medals and points will be awarded to the top 8 Bahamas Aquatics Registered swimmers only.

Subject to equipment functioning, all heat events will be swum as 10 lane events, and all finals as 8 lane events, unless foreign swimmers have advanced to the finals. In this case, the finals may also be 10 lane events or A and B finals as documented above.

#### 4. AGE-GROUPS

Pursuant to NCR3.1, the recognized age-groups for Girls and Boys entered in the competition are:

8 and Under 9 - 10 11 - 12 13 - 14 15 and Over

Competitors shall swim only in their respective age groups, unless in the case of the distance events which may be combined for meet efficiency. Their competitive age group shall be determined by their respective ages as of midnight on **31st December** of the preceding year.

#### 5. CLUB ELIGIBILITY

All member clubs and participating swimmers must be in good financial standing with Bahamas Aquatics and registered for 2019 prior to the published Registration Deadline. Any club and/or their members, and/or individuals with outstanding balances to the Bahamas Aquatics will not be eligible to participate in the Championships.

# 6. EVENT ELIGIBILITY Individual Events:

All entry times shall have been achieved in a sanctioned meet within a year since the last National Championships, and can include times achieved in the previous National Championships, regardless of the one year period.

Proof of entry times must be submitted to the Bahamas Aquatics along with the entry where the entry times are achieved in a sanctioned swim meet outside of The Bahamas.

There is a limit on individual scoring events of 7 events; and all seven (7) best times will be counted for calculation of Age group Awards. All points will be counted for team points. Notwithstanding swimmers may swim more than 7 events for official time purposes only, and any event over the 7 declared events will not count for medals, points, or any other award. In the event of non-declaration of the 7 events that will count for points/awards in the original entry submitted to Bahamas Aquatics will automatically count the first 7 events as the points/awards eligible events, regardless of any petitions made to the contrary after the entry deadline.

Any Bahamas Aquatics registered coach who signs a National Championships Meet Entry Form or submits entries electronically thereby certifies (i) that all entry times stated therein are correct and true; and, (ii) that all competitors named therein are eligible to participate in a National Championship. The coach assumes responsibility for all false or incorrect times and all competitors entered by her/him, and may be subject to a fine and/or sanction.

All requests for Time Trials must be made to Bahamas Aquatics in writing 30 minutes before the start of each session, and will not be accepted unless the Time Trial Fee (\$10 per Time Trial) is paid at the time of submission of the request

#### **Relay Events:**

It remains a National Championships rule that swimmers who do not have qualifying times can participate in Relay Only Events. However, these swimmers had to have competed and have times for at least 1 Bahamas Aquatics sanctioned or approved meet during the current swim year of participation.

As an example, if a swimmer participated in a meet sanctioned by USA Swimming or Barbados Swimming or Bahamas Aquatics during the 2018-2019 swim year, and did not meet the National Swimming Championships Qualifying times, that swimmer can compete as a RELAY ONLY swimmer for Nationals. If the swimmer did not compete in any Bahamas Aquatics sanctioned or approved meet for the 2018-2019 swim year, the swimmer is ineligible to participate as a RELAY ONLY swimmer in the 2019 National Swimming Championships

#### 7. MEET FEES AND SURCHARGES

Meet fees and National Team Surcharges for the Championships are:

\$7.00 per swimmer per individual event \$25.00 per club team per relay event \$3.00 per swimmer for Bahamas Aquatics Surcharges \$10.00 per Time Trial

All meet fees and surcharges must be submitted with the Meet Entry Forms. Entry forms will not be processed and will be deemed to have not been received if the meet fees are not included. A late fee of \$5 per entry will apply for all fees not paid at the time the Heat Sheets are published.

#### 8. TECHNICAL MEETING

The Meet Director or his delegate will hold a Technical Meeting with all Head Coaches at 7.00pm on Tuesday June 18<sup>th,</sup> 2019 at the Pool for the purpose of receiving scratches and reviewing entries. Coaches are encouraged to enter all Scratches at this Technical meeting and will have additional opportunities to enter scratches, in accordance with Bahamas Aquatics Rule # NCR9.4.1 30 minutes before the session for heats and time finals, and 30 minutes after the final announcements for final events. There is a fee of \$25 per athlete per event not scratched in accordance with Bahamas Aquatics Rules for Heats and Time Final Events (either at Scratch Meeting or 30 minutes prior to session start), and a \$100 fee for athletes not scratched for final events in accordance with Bahamas Aquatics Rules (30 minutes after announcement of athletes advancing to finals).

#### 9. ENTRIES LIMITATIONS

**Individual Events:** There is a limit on individual events of 7 and all seven (7) times will be counted for calculation of Age group Awards. All points will be counted for team points. Notwithstanding swimmers may swim more than 7 events for official time purposes only, and these will not count for medals, points, or any other award. (Refer to point #6 above).

**Relay Events:** Clubs may enter three relay teams per age group per sex, however, only the "A" designated team will score.

#### 10. MEET ENTRIES

All entries are to be submitted electronically using HY-TEK software. Any entries received in any other format will be subject to a \$100 surcharge fee. Entries must include the swimmer's Bahamas Aquatics Registration number, assigned by the Bahamas Aquatics. Point #7 above also applies.

A listing of the HY-TEK files must be provided to the Bahamas Aquatics prior to the entry deadline.

Manual entries can be accepted, using the attached meet entry grid, but will only be accepted subject to a \$100 surcharge fee included with the entries.

No late entries will be accepted after the entry deadline, except authorized by the Bahamas Aquatics Executive Council and will be subject to a penalty of not less than 100% of the normal meet fees. Any approved changes made to entries prior to publication of the Psych Sheets will result in a \$100 penalty per change. In any event, any change must be authorized by Bahamas Aquatics. Point # 7 above also applies.

#### 11. SCORING

Scoring for the National Championships shall be in accordance with NCR13 of the National Championship Rules.

Determination of the Individual Best Swim Award(s) is based on the FINA high points report issued by Hy-Tek software.

#### 12. AWARDS

Awards will be issued in accordance with NCR14 of the National Championship Rules. Specifically, High Point and Runner up Trophies in each Age Group/By Sex as well as Trophies to the Best Swims calculated using the FINA Points Scoring System.

A marshaling area will be provided and swimmers must report to this area at least 5 heats before they are due to swim. Heats will be counted starting with the heat in the pool being 1, the heat waiting behind the blocks as 2 and in rows of chairs provided at marshaling area as 3, 4 and 5. Swimmers who do not report to the marshaling area in accordance with this requirement may be subject to disqualification and subsequent fine as per point #8

Races will not be delayed and/or Marshaling Reporting requirements not relaxed or waived for any late arriving swimmers or swimmers who may have participated in preceding events. However, a swimmer may request a Coach or an athlete <u>delegated by the Coach to the Marshaling Officers</u> to report in for a swimmer.

#### 13. JURY OF APPEAL

When returning their Meet Entry Forms, clubs should also submit the name of their representative on the Jury of Appeal as required by NCR 11.2.3 of the National Championship Rules.

#### 14. OPENING CEREMONIES

There will be a brief Opening Ceremony at **6.00 PM on Friday**, **June 21**<sup>st</sup> **2019** before the start of Session 4. Teams will assemble at **5:45 PM** for the march-in of Swimmers and the playing of the National Anthem.

#### 15. CLOSING CEREMONIES AND PRESENTATION OF AWARDS

The Closing Ceremony will be held on **Sunday**, **June 23**<sup>rd</sup>, **2019** immediately following the competition when High Point Trophies, Best Swim Awards and the National Championship Trophy will be presented.

#### 16. ENTRY DEADLINE

All Meet Entries (together with all meet fees, surcharges and Jury of Appeal Nominations) should be delivered to The Bahamas Aquatics Secretary General, Alexis Wells, at Paradise Fisheries or emailed to her at <a href="mailto:bahamasswimmingsecretary@gmail.com">bahamasswimmingsecretary@gmail.com</a>, or <a href="mailto:info@bahamasswimmingfederation.com">info@bahamasswimmingfederation.com</a> or <a href="mailto:Bahamas Aquatics First Vice President, John Bradley (johnbsail@gmail.com">john Bradley (johnbsail@gmail.com</a>) no later than 5:00pm on June 3<sup>rd</sup>, 2019. Penalties apply after this time period if entries are accepted by Bahamas Aquatics.

#### 17. ACCEPTABLE ENTRY FORMATS

Entries will only be accepted as follows:

- (1) Hy-Tek Electronic Files only should be forwarded to John Bradley at johnbsail@gmail.com or to the Bahamas Aquatics Secretary bahamasswimmingsecretary@gmail.com or info@bahamasswimmingfederation.com Confirmation emails will be sent on receipt of all entries
- (2) On a Memory Stick with a hardcopy printout signed by coach and submitted before above deadline. A penalty of \$100 will apply to all late entries
- (3) On official Nationals entry form signed by coach and submitted before above. deadline. Manual/Paper Entries are subject to a \$100 surcharge fee

#### 18. CONTACT PERSONS

Any questions or information concerning the 2019 National Championships should be directed to:

Mr. Algernon Cargill President and Co-Meet Director Bahamas Swimming Federation (242) 427-2711

Email: Algernonc@hotmail.com or president@bahamasswimmingfederation.com

Mrs. Alexis Wells Bahamas Aquatics Secretary General (242) 427-0040

Email: bahamasswimingsecretary@gmail.com

Mr. John Bradley Co-Meet Director and First VP Bahamas Aquatics (242) 457-5598

Email: johnbsail@gmail.com

#### 19. LANE ASSIGNMENTS FOR WARM-UPS (ALL SESSIONS)

Lane Assignments will be advised after the entries have been received and processed.

#### 20. MEET OFFICIALS

Member clubs are responsible for providing all **Timers, Chief Timers, Marshals**, and **(Lap Counters** session 1 only) as follows:

Session 1 (Thursday Morning) - *Mako Swim Club (15)*, Sea Waves (7), Mantas (8)

Session 2 (Thursday Evening) -YMCA (7), Freeport Aquatics (7), Team Orca (6)

Session 3 (Friday Morning) - *Alpha Aquatics (15)*, Dolphins (15)

Session 4 (Friday Evening) - *Mako Swim Club (10)*, Sea Waves (5), Mantas (5)

Session 5 (Saturday Morning) – *Barracudas (15)*, BWSC (8), LSC (7)

Session 6 (Saturday Evening) - Alpha Aquatics (10), Dolphins (10)

Session 7 (Sunday Morning) - YMCA (15), Freeport Aquatics (8), Team Orca (7)

Session 8 (Sunday Afternoon) – *Barracudas (10)*, BWSC (5), LSC (5)

#### Note: All sessions require a Chief Timer / 2 gate persons / 2 drink booth persons

The clubs **in Bold** are required to take the lead in organizing the officials and ensure that there is coverage as required for all positions. Timers are required to be in position no later than 30 minutes before the start of each session.

Enclosed is a Meet Officials Form to be completed by each club and returned to the Meet Director with the Meet Entries Form. Bahamas Aquatics Technical Director is responsible for assigning Referees, Starters and Stroke/Turn Judges for each session. All Clubs are to provide the Technical Director, Mancer Roberts, with a list of Timers and confirmation that the assigned sessions will be fully manned at the time of submission of Meet Entries.

#### 21. ORDER OF EVENTS

Pursuant to NCR5.2, the programme of events for the National Championships in a 50 metre pool shall be as follows:-

#### PROGRAMME OF EVENTS

There will be no delay of races to allow swimmers who have entered successive and/or multiple events rest time.

All odd numbered events shall be for girls only and all even numbered events shall be for boys only.

\*These events will be seeded events and will be swum as mixed aged groups but scored within the correct age group.

Please Note Mixed Relays added to the Saturday evening session.

### Day 1 Thursday June 20<sup>th,</sup> 2019 Session 1 Start Time: 9:00am

Туре	Event
Finals	3 Girls 13 & Over 800 Freestyle
Finals	4 Boys 13 & Over 1500 Freestyle
Prelims	5 Girls 8 & Under 50 Backstroke
Prelims	6 Boys 8 & Under 50 Backstroke
Prelims	7 Girls 9-10 50 Backstroke
Prelims	8 Boys 9-10 50 Backstroke
Prelims	9 Girls 11-12 50 Backstroke
Prelims	10 Boys 11-12 50 Backstroke
Prelims	11 Girls 13-14 50 Backstroke
Prelims	12 Boys 13-14 50 Backstroke
Prelims	13 Girls 15 & Over 50 Backstroke
Prelims	14 Boys 15 & Over 50 Backstroke
Prelims	15 Girls 9-10 100 Butterfly
Prelims	18 Boys 9-10 100 Butterfly
Prelims	19 Girls 11-12 100 Butterfly
Prelims	20 Boys 11-12 100 Butterfly
Prelims	21 Girls 13-14 100 Butterfly
Prelims	22 Boys 13-14 100 Butterfly
Prelims	23 Girls 15 & Over 100 Butterfly
Prelims	24 Boys 15 & Over 100 Butterfly

### Day 1 Thursday June 20th, 2019 Session 2 Start Time: 6:00pm

Type	Event
Finals	25 Girls 11-12 200 Breaststroke
Finals	26 Boys 11-12 200 Breaststroke
Finals	27 Girls 13-14 200 Breaststroke
Finals	28 Boys 13-14 200 Breaststroke
Finals	29 Girls 15 & Over 200 Breaststroke
Finals	30 Boys 15 & Over 200 Breaststroke
Awards 1 - 4	•
Finals	5 Girls 8 & Under 50 Backstroke
Finals	6 Boys 8 & Under 50 Backstroke
Finals	7 Girls 9-10 50 Backstroke
Finals	8 Boys 9-10 50 Backstroke
Finals	9 Girls 11-12 50 Backstroke
Finals	10 Boys 11-12 50 Backstroke
Finals	11 Girls 13-14 50 Backstroke
Finals	12 Boys 13-14 50 Backstroke
Finals	13 Girls 15 & Over 50 Backstroke
Finals	14 Boys 15 & Over 50 Backstroke
Awards 25 - 30	
Finals	15 Girls 9-10 100 Butterfly
Finals	18 Boys 9-10 100 Butterfly
Finals	19 Girls 11-12 100 Butterfly
Finals	20 Boys 11-12 100 Butterfly
Finals	21 Girls 13-14 100 Butterfly
Finals	22 Boys 13-14 100 Butterfly
Finals	23 Girls 15 & Over 100 Butterfly
Finals	24 Boys 15 & Over 100 Butterfly
<b>Awards 5 - 14</b>	
Finals	31 Girls 8&U 200 Freestyle Relay
Finals	32 Boys 8&U 200 Freestyle Relay
Finals	33 Girls 9-10 200 Freestyle Relay
Finals	34 Boys 9-10 200 Freestyle Relay
Finals	35 Girls 11-12 200 Freestyle Relay
Finals	36 Boys 11-12 200 Freestyle Relay
Finals	37 Girls 13-14 200 Freestyle Relay
Finals	38 Boys 13-14 200 Freestyle Relay
Finals	39 Girls 15 & Over 200 Freestyle Relay
Finals	40 Boys 15 & Over 200 Freestyle Relay

### Day 2 AM Friday, June 21st, 2019 Session 3 Start Time: 9:00am

### **Type** Event

### Awards 15 - 24

11 war as 15	27
Finals	41 Girls 11-12 400 IM
Finals	42 Boys 11-12 400 IM
Finals	43 Girls 13-14 400 IM
Finals	44 Boys 13-14 400 IM
Finals	45 Girls 15 & Over 400 IM
Finals	46 Boys 15 & Over 400 IM
Prelims	47 Girls 8 & Under 50 Butterfly
Prelims	48 Boys 8 & Under 50 Butterfly
Prelims	49 Girls 9-10 50 Butterfly
Prelims	50 Boys 9-10 50 Butterfly
Prelims	51 Girls 11-12 50 Butterfly
Prelims	52 Boys 11-12 50 Butterfly
Prelims	53 Girls 13-14 50 Butterfly
Prelims	54 Boys 13-14 50 Butterfly
Prelims	55 Girls 15 & Over 50 Butterfly
Prelims	56 Boys 15 & Over 50 Butterfly
Prelims	57 Girls 9-10 100 Backstroke
Prelims	58 Boys 9-10 100 Backstroke
Prelims	59 Girls 11-12 100 Backstroke
Prelims	60 Boys 11-12 100 Backstroke
Prelims	61 Girls 13-14 100 Backstroke
Prelims	62 Boys 13-14 100 Backstroke
Prelims	63 Girls 15 & Over 100 Backstroke
Prelims	64 Boys 15 & Over 100 Backstroke

# Day 2 PM Friday, June 21st, 2019 Session 4 Start Time: 6:00pm (Opening Ceremony - Assembly 5.45pm).

Type	Event
Awards 31 - 40	
Finals	65 Girls 8 & Under 200 Freestyle
Finals	66 Boys 8 & Under 200 Freestyle
Finals	67 Girls 9-10 200 Freestyle
Finals	68 Boys 9-10 200 Freestyle
Finals	69 Girls 11-12 200 Freestyle
Finals	70 Boys 11-12 200 Freestyle
Finals	71 Girls 13-14 200 Freestyle
Finals	72 Boys 13-14 200 Freestyle
Finals	73 Girls 15 & Over 200 Freestyle
Finals	74 Boys 15 & Over 200 Freestyle
<b>Awards 41 - 46</b>	·
Finals	47 Girls 8 & Under 50 Butterfly
Finals	48 Boys 8 & Under 50 Butterfly
Finals	49 Girls 9-10 50 Butterfly
Finals	50 Boys 9-10 50 Butterfly
Finals	51 Girls 11-12 50 Butterfly
Finals	52 Boys 11-12 50 Butterfly
Finals	53 Girls 13-14 50 Butterfly
Finals	54 Boys 13-14 50 Butterfly
Finals	55 Girls 15 & Over 50 Butterfly
Finals	56 Boys 15 & Over 50 Butterfly
<b>Awards 65 - 74</b>	
Finals	57 Girls 9-10 100 Backstroke
Finals	58 Boys 9-10 100 Backstroke
Finals	59 Girls 11-12 100 Backstroke
Finals	60 Boys 11-12 100 Backstroke
Finals	61 Girls 13-14 100 Backstroke
Finals	62 Boys 13-14 100 Backstroke
Finals	63 Girls 15 & Over 100 Backstroke
Finals	64 Boys 15 & Over 100 Backstroke
<b>Awards 47 - 56</b>	
Finals	75 Girls 11-12 400 Medley Relay
Finals	76 Boys 11-12 400 Medley Relay
Finals	77 Girls 13-14 400 Medley Relay
Finals	78 Boys 13-14 400 Medley Relay
Finals	79 Girls 15 & Over 400 Medley Relay
Finals	80 Boys 15 & Over 400 Medley Relay

### Day 3 AM Saturday, June 22<sup>nd</sup>. 2019 Session 5 Start Time: 9:00am

### **Type** Event

### Awards 57 - 64

Awards 5/ - 04	
Finals	81 Girls 11-12 200 Butterfly
Finals	82 Boys 11-12 200 Butterfly
Finals	83 Girls 13-14 200 Butterfly
Finals	84 Boys 13-14 200 Butterfly
Finals	85 Girls 15 & Over 200 Butterfly
Finals	86 Boys 15 & Over 200 Butterfly
Prelims	87 Girls 8 & Under 50 Breaststroke
Prelims	88 Boys 8 & Under 50 Breaststroke
Prelims	89 Girls 9-10 50 Breaststroke
Prelims	90 Boys 9-10 50 Breaststroke
Prelims	91 Girls 11-12 50 Breaststroke
Prelims	92 Boys 11-12 50 Breaststroke
Prelims	93 Girls 13-14 50 Breaststroke
Prelims	94 Boys 13-14 50 Breaststroke
Prelims	95 Girls 15 & Over 50 Breaststroke
Prelims	96 Boys 15 & Over 50 Breaststroke
Prelims	97 Girls 8 & Under 100 Freestyle
Prelims	98 Boys 8 & Under 100 Freestyle
Prelims	99 Girls 9-10 100 Freestyle
Prelims	100 Boys 9-10 100 Freestyle
Prelims	101 Girls 11-12 100 Freestyle
Prelims	102 Boys 11-12 100 Freestyle
Prelims	103 Girls 13-14 100 Freestyle
Prelims	104 Boys 13-14 100 Freestyle
Prelims	105 Girls 15 & Over 100 Freestyle
Prelims	106 Boys 15 & Over 100 Freestyle

### Day 3 PM Saturday, June 22<sup>nd</sup>, 2019 Session 6 Start Time: 6:00pm

Type	Event
Awards 75 – 80	162 M. 10 0 H. 1 200 M. H. D. 1
Finals	163 Mixed 8 & Under 200 Medley Relay
Finals	164 Mixed 9-10 200 Medley Relay
Finals	165 Mixed 11-12 200 Medley Relay
Finals	166 Mixed 13-14 200 Medley Relay
Finals	167 Mixed 15 & Over 200 Medley Relay
Awards 81 - 86	107 C' 1 0 0 H 1 200 B4
Finals	107 Girls 8 & Under 200 IM
Finals	108 Boys 8 & Under 200 IM
Finals	109 Girls 9-10 200 IM
Finals	110 Boys 9-10 200 IM
Finals	111 Girls 11-12 200 IM
Finals	112 Boys 11-12 200 IM 113 Girls 13-14 200 IM
Finals	
Finals	114 Boys 13-147 200 IM
Finals	115 Girls 15 & Over 200 IM
Finals	116 Boys 15 & Over 200 IM
<b>Awards 163 - 167</b> Finals	87 Girls 8 & Under 50 Breaststroke
Finals	88 Boys 8 & Under 50 Breaststroke
Finals	89 Girls 9-10 50 Breaststroke
Finals	90 Boys 9-10 50 Breaststroke
Finals	91 Girls 11-12 50 Breaststroke
Finals	92 Boys 11-12 50 Breaststroke
Finals	93 Girls 13-14 50 Breaststroke
Finals	94 Boys 13-14 50 Breaststroke
Finals	95 Girls 15 & Over 50 Breaststroke
Finals	96 Boys 15 & Over 50 Breaststroke
Awards 107 - 116	70 Boys 13 & Over 30 Breaststroke
Finals	97 Girls 8 & Under 100 Freestyle
Finals	98 Boys 8 & Under 100 Freestyle
Finals	99 Girls 9-10 100 Freestyle
Finals	100 Boys 9-10 100 Freestyle
Finals	101 Girls 11-12 100 Freestyle
Finals	102 Boys 11-12 100 Freestyle
Finals	103 Girls 13-14 100 Freestyle
Finals	104 Boys 13-14 100 Freestyle
Finals	105 Girls 15 & Over 100 Freestyle
Finals	106 Boys 15 & Over 100 Freestyle
Awards 87 – 96	
Finals	168 Girls 8 & Under 200 Medley Relay
Finals	169 Boys 8 & Under 200 Medley Relay
Finals	117 Girls 9-10 200 Medley Relay
Finals	118 Boys 9-10 200 Medley Relay
Finals	119 Girls 11-12 200 Medley Relay
Finals	120 Boys 11-12 200 Medley Relay
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Finals	121 Girls 13-14 200 Medley Relay
Finals	122 Boys 13-14 200 Medley Relay
Finals	123 Girls 15 & Over 200 Medley Relay
Finals	124 Boys 15 & Over 200 Medley Relay

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### Day 4 AM Sunday, June 23<sup>rd</sup>, 2019 Session 7 Start Time: 9:00am

Type	Event
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#### Awards 97 - 106

Awards 97 - 106	
Finals	125 Girls 11-12 400 Freestyle
Finals	126 Boys 11-12 400 Freestyle
Finals	127 Girls 13-14 400 Freestyle
Finals	128 Boys 13-14 400 Freestyle
Finals	129 Girls 15 & Over 400 Freestyle
Finals	130 Boys 15 & Over 400 Freestyle
Prelims	131 Girls 8 & Under 50 Freestyle
Prelims	132 Boys 8 & Under 50 Freestyle
Prelims	133 Girls 9-10 50 Freestyle
Prelims	134 Boys 9-10 50 Freestyle
Prelims	135 Girls 11-12 50 Freestyle
Prelims	136 Boys 11-12 50 Freestyle
Prelims	137 Girls 13-14 50 Freestyle
Prelims	138 Boys 13-14 50 Freestyle
Prelims	139 Girls 15 & Over 50 Freestyle
Prelims	140 Boys 15 & Over 50 Freestyle
Prelims	141 Girls 9-10 100 Breaststroke
Prelims	142 Boys 9-10 100 Breaststroke
Prelims	143 Girls 11-12 100 Breaststroke
Prelims	144 Boys 11-12 100 Breaststroke
Prelims	145 Girls 13-14 100 Breaststroke
Prelims	146 Boys 13-14 100 Breaststroke
Prelims	147 Girls 15 & Over 100 Breaststroke
Prelims	148 Boys 15 & Over 100 Breaststroke

## Day 4 PM Sunday, June 23<sup>rd,</sup> 2019 Session 8 Start Time: 5:00pm

### **Type** Event

Awards 168 - 169	Awards 117 - 124
Finals	131 Girls 8 & Under 50 Freestyle
Finals	132 Boys 8 & Under 50 Freestyle
Finals	133 Girls 9-10 50 Freestyle
Finals	134 Boys 9-10 50 Freestyle
Finals	135 Girls 11-12 50 Freestyle
Finals	136 Boys 11-12 50 Freestyle
Finals	137 Girls 13-14 50 Freestyle
Finals	138 Boys 13-14 50 Freestyle
Finals	139 Girls 15 & Over 50 Freestyle
Finals	140 Boys 15 & Over 50 Freestyle
Awards 125 - 130	
Finals	141 Girls 9-10 100 Breaststroke
Finals	142 Boys 9-10 100 Breaststroke
Finals	143 Girls 11-12 100 Breaststroke
Finals	144 Boys 11-12 100 Breaststroke
Finals	145 Girls 13-14 100 Breaststroke
Finals	146 Boys 13-14 100 Breaststroke
Finals	147 Girls 15 & Over 100 Breaststroke
Finals	148 Boys 15 & Over 100 Breaststroke
Awards 131 - 140	
Finals	149 Girls 11-12 200 Backstroke
Finals	150 Boys 11-12 200 Backstroke
Finals	151 Girls 13-14 200 Backstroke
Finals	152 Boys 13-14 200 Backstroke
Finals	153 Girls 15 & Over 200 Backstroke
Finals	154 Boys 15 & Over 200 Backstroke
Awards 141 - 148	
Finals	155 Girls 9-10 400 Freestyle Relay
Finals	156 Boys 9-10 400 Freestyle Relay
Finals	157 Girls 11-12 400 Freestyle Relay
Finals	158 Boys 11-12 400 Freestyle Relay
Finals	159 Girls 13-14 400 Freestyle Relay
Finals	160 Boys 13-14 400 Freestyle Relay
Finals	161 Girls 15 & Over 400 Freestyle Relay
Finals	162 Boys 15 & Over 400 Freestyle Relay
Awards 149 - 154	
Awards 155 - 162	

Swimmers must attended medal ceremonies in team uniform (top, bottom and shoes) NO TOWELS. In the event a swimmer is unable to attend the ceremony, the club may substitute another swimmer. In the event that the podium is left unfilled or a swimmer participates in the medal presentation without the required uniform, the club will face a \$50.00 fine for every swimmer without proper attire and/or missing swimmer.

All Swimmers participating in the  $48^{th}$  Bahamas Nationals Championships must show their ID badge which contains their photograph to enter the BKKAC, without an ID they will be charged the entry fee

All swimmers 15+ years of age will be subject to drug testing according to BADC Guidelines.

Bahamas Aquatics - May 16th, 2019

**END** 

# REV Nationals Swimming Championships APPLICATION FORM FOR TECHNICAL OFFICIALS

NAME	SIGNATURE
ADDRESS	Street
COUNTRY	Phone#
Email Address:	
I Apply to be a Technical Official at Bahar	nas Aquatics Competitions:
SWIMMING:	
The Position I can assist with is:	
I HAVE SERVED AS AN OFFICIAL DURI	ING THE PAST 4 YEARS:
1) National:	
2) INTERNATIONAL:	
3) MY PRESENT POSITION AS TECH	NICAL OFFICIAL IS:
a) NATIONAL	
b) UANA	
c) FINA	
THIS FORM MUST BE SIGNED BY THE PRESI	DENT OR SECRETARY OF THE FEDERATION:
Name	Title
Date: Signature:	
NOTES:	

TEAM OFFICIALS MAY NOT ACT AS TECHNICAL OFFICIALS This Form must be sent by Email No later than two weeks before Nationals <a href="mailto:mancer.roberts@gmail.com">mancer.roberts@gmail.com</a> or <a href="mailto:algernonc@hotmail.com">algernonc@hotmail.com</a>