

MEET SUMMONS (VI)

2015 RBC Bahamas National Swimming Championships

A FINA Sanctioned Event for the 2015 World Championships and the 2016 RIO Olympic Games

The Bahamas Swimming Federation (BSF) hereby invites all member clubs and Unattached registered swimmers to participate in the **44**th Royal Bank of Canada Swimming Championships.

1. DATES AND VENUE

Dates: June 25th to June 28nd, 2015

Venue: Betty Kelly Kenning National Swim Complex, Sports Centre Drive,

Queen Elizabeth Sports Centre, Oakes Field, Nassau.

The pool will be open 90 minutes before the start of competition.

2. POOL SPECIFICATIONS

10 Lane, 50 Metre, Competition Pool utilizing Electronic Timing Equipment by Colorado Timing Systems. 25 Metre Warm-Up/Down Pool available.

3. RULES OF COMPETITION

The competition will be governed by the National Championship Rules (as modified by the council of the Bahamas Swimming Federation based on the recommendations of the Technical committee - January 2015) and in accordance with FINA Rules 2013-2015 FINA Rule SW 4.4 shall be applied.

In the preliminary heats of swimming, the start will be "over the top" in the freestyle, breaststroke and butterfly events.

Any preliminary event with eight (8) or less entries shall automatically become a final to be swum in the afternoon/evening session.

B Finals for events that have more than 2 non BSF registered swimmers in finals. The finals will be seeded in the case of using the fastest times and medals/points will be awarded based on final placements of BSF registered swimmers. In the case more than 2 Foreign Swimmers are seeded with top times, the Federation will hold an A and B Final, but medals and points will be awarded to the top 8 BSF Registered swimmers only.

Subject to equipment functioning, all heat events will be swum as 10 lane events, and all finals as 8 lane events, unless foreign swimmers have advanced to the finals. In this case, the finals may also be 10 lane events or A and B finals as documented above.

4. AGE-GROUPS

Pursuant to NCR3.1, the recognized age-groups for Girls and Boys entered in the competition are:

8 and Under 9 - 10 11 - 12 13 - 14 15 and Over

Competitors shall swim only in their respective age groups, unless in the case of the distance events which may be combined for meet efficiency. Their competitive age group shall be determined by their respective ages as of midnight on **31st December** of the preceding year.

5. CLUB ELIGIBILITY

All member clubs and participating swimmers must be in good financial standing with the BSF and registered for 2015 prior to the published Registration Deadline. Any club and/or their members, and/or individuals with outstanding balances to the BSF will not be eligible to participate in the Championships.

6. EVENT ELIGIBILITY

Individual Events:

All entry times shall have been achieved in a sanctioned meet within a year since the last National Championships, and can include times achieved in the previous National Championships, regardless of the one year period.

Proof of entry times shall be submitted to the BSF along with the entry where the entry times are achieved in a sanctioned swim meet outside of The Bahamas.

There is a limit on individual events of 10 events; and all ten (10) best times will be counted for calculation of Age group Awards. All points will be counted for team points. Notwithstanding swimmers may swim more than 10 events for official time purposes only, and these will not count for medals, points, or any other award. In the event of non-declaration of the 10 events that will count for points/awards in the original entry submitted to the BSF, the BSF will automatically count the first 10 events as the points/awards eligible events, regardless of any petitions made to the contrary after the entry deadline.

Any BSF registered coach who signs a National Championships Meet Entry Form or submits entries electronically thereby certifies (i) that all entry times stated therein are correct and true; and, (ii) that all competitors named therein are eligible to participate in a National Championship. The coach assumes responsibility for all false or incorrect times and all competitors entered by her/him, and may be subject to a fine and/or sanction.

All requests for Time Trials must be made to the BSF in writing 30 minutes before the start of each session, and will not be accepted unless the Time Trial Fee (\$10 per Time Trial) is paid at the time of submission of the request

Relay Events:

It remains a National Championships rule that swimmers who do not have qualifying times can participate in Relay Only Events. However, these swimmers had to have competed and have times for at least 1 BSF sanctioned or approved meet during the current swim year of participation.

As an example, if a swimmer participated in a meet sanctioned by USA Swimming or Barbados Swimming or the BSF, during the 2014-2015 swim year, and did not meet the National Swimming Championships Qualifying times, that swimmer can compete as a RELAY ONLY swimmer for Nationals. If the swimmer did not compete in any BSF Sanctioned or approved meet for the 2014-2015 swim year, the swimmer is ineligible to participate as a RELAY ONLY swimmer in the 2015 National Swimming Championships

7. MEET FEES AND SURCHARGES

Meet fees and National Team Surcharges for the Championships are:

\$6.00 per swimmer per individual event \$25.00 per club team per relay event \$3.00 per swimmer for BSF Surcharges \$10.00 per Time Trial

All meet fees and surcharges must be submitted with the Meet Entry Forms. Entry forms will not be processed and will be deemed to have not been received if the meet fees are not included. A late fee of \$2 per entry will apply for all fees not paid at the time the Heat Sheets are published.

8. TECHNICAL MEETING

The Meet Director or his delegate will hold a Technical Meeting with all Head Coaches at 7.00pm on Tuesday June 23rd, 2015 at the Pool for the purpose of receiving scratches and reviewing entries. Coaches are encouraged to enter all Scratches at this Technical meeting and will have additional opportunities to enter scratches, in accordance with BSF Rule # NCR9.4.1 30 minutes before the session for heats and time finals, and 30 minutes after the final announcements for final events. There is a fee of \$25 per athlete per event not scratched in accordance with BSF Rules for Heats and Time Final Events (either at Scratch Meeting or 30 minutes prior to session start), and a \$100 fee for athletes not scratched for final events in accordance with BSF Rules (30 minutes after announcement of athletes advancing to finals).

9. ENTRIES LIMITATIONS

Individual Events: There is a limit on individual events of 10 and all ten (10) times will be counted for calculation of Age group Awards. All points will be counted for team points. Notwithstanding swimmers may swim more than 10 events for official time purposes only, and these will not count for medals, points, or any other award. (Refer to point #6 above).

Relay Events: Clubs may enter three relay teams per age group per sex, however, only the "A" designated team will score.

10. MEET ENTRIES

All entries are to be submitted electronically using HY-TEK software. Any entries received in any other format will be subject to a \$50 surcharge fee. Entries must include the swimmer's BSF Registration number, assigned by the BSF. Point #7 above also applies.

A print-out of the HY-TEK files should also be provided to the BSF prior to the entry deadline.

Manual entries can be accepted, using the attached meet entry grid, but will only be accepted subject to a \$50 surcharge fee included with the entries.

No late entries will be accepted after the entry deadline, except authorized by the BSF Executive Council and will be subject to a penalty of not less than 100% of the normal meet fees. Any approved changes made to entries prior to publication of the Psych Sheets will result in a \$50 penalty per change. In any event, all Changes must be authorized by the BSF. Point #7 above also applies.

11. SCORING

Scoring for the National Championships shall be in accordance with NCR13 of the National Championship Rules.

Determination of the Individual Best Swim Award(s) is based on the FINA high points report issued by Hy-Tek software.

12. AWARDS

Awards will be issued in accordance with NCR14 of the National Championship Rules. Specifically, High Point and Runner up Trophies in each Age Group/By Sex as well as Trophies to the Best Swims calculated using the FINA Points Scoring System.

A marshaling area will be provided and swimmers must report to this area at least 3 heats before they are due to swim. Swimmers who do not report to the marshaling area in accordance with this requirement may be subject to disqualification and subsequent fine as per point #8.

Races will not be delayed and/or Marshaling Reporting requirements not relaxed or waived for any late arriving swimmers or swimmers who may have participated in preceding events. However, a swimmer may request a Coach or an athlete <u>delegated by the Coach to the Marshaling Officers</u> to report in for a swimmer.

13. JURY OF APPEAL

When returning their Meet Entry Forms, clubs should also submit the name of their representative on the Jury of Appeal as required by NCR 11.2.3 of the National Championship Rules.

14. OPENING CEREMONIES

There will be a brief Opening Ceremony at **6.00 PM on Friday**, **June 26th 2015**, before the start of Session 3. Teams will assemble at **5:45 PM** for the March-In of Swimmers and the playing of the National Anthem.

15. CLOSING CEREMONIES AND PRESENTATION OF AWARDS

The Closing Ceremony will be held on **Sunday, June 28nd, 2015** immediately following the competition when High Point Trophies, Best Swim Awards and the National Championship Trophy will be presented.

16. ENTRY DEADLINE

All Meet Entries (together with all meet fees, surcharges and Jury of Appeal Nominations) should be delivered to The BSF Secretary General, Kathy Dillette, at St. Andrews School or emailed to her at bsf news@yahoo.com, or to the BSF First Vice President, John Bradley (johnbssail@gmail.com) no later than 5:00pm on June 9th, 2015. Penalties apply after this time period if entries are accepted by the BSF.

17. ACCEPTABLE ENTRY FORMATS

Entries will only be accepted as follows:

- (1) Hy-tek Electronic Files only should be forwarded to John Bradley at Johnbsail@gmail.com or to the BSF Secretary General, Kathy Dillette at bsf_news@yahoo.com. Confirmation emails will be sent on receipt of all entries.
 - (2) On a Memory Stick with a hardcopy printout signed by coach and submitted before above deadline. A penalty of \$50 will apply to all late entries
 - (3) On official Nationals entry form signed by coach and submitted before above. deadline. Manual/Paper Entries are subject to a \$50 surcharge fee

18. CONTACT PERSONS

Any questions or information concerning the 2015 National Championships should be directed to:

Mr. Algernon Cargill President and Co-Meet Director Bahamas Swimming Federation (242) 427-2711

Email: Algernonc@hotmail.com

Mrs. Kathryn Dillette BSF Secretary General (242) 324-4800 or fax (242) 364-7047

Email: bsf_news@yahoo.com

Mr. John Bradley Co-Meet Director and First VP BSF (242) 457-5598

Email: johnbsail@gmail.com

19. LANE ASSIGNMENTS FOR WARM-UPS (ALL SESSIONS)

Lane Assignments will be advised after the entries have been received and processed.

20. MEET OFFICIALS

Member clubs are responsible for providing all **Timers, Chief Timers, Marshals**, and (**Lap Counters** session 1 only) as follows:

Session 1 (Thursday Morning) - Abaco Swim Club, BMA, Freeport Aquatics, LSC

Session 2 (Thursday Evening) - Sea Bees, Alpha, Dolphins and LSC

Session 3 (Friday Morning) - *All Clubs* (Led by Abaco Swim Club)

Session 4 (Friday Evening) - Alpha, BMA, Freeport Aquatics, Dolphins and LSC

Session 5 (Saturday Morning) - Barracudas, Orcas, Unattached

Session 6 (Saturday Evening) - Swift Swimming, Sea Waves, Mantas

Session 7 (Sunday Morning) - Swift Swimming, Sea Waves, Mantas

Session 8 (Sunday Afternoon) - Barracudas, Orcas, Unattached

The clubs <u>italicized</u> are required to take the lead in organizing the officials and ensure that there is coverage as required for all positions. Timers are required to be in position no later than 30 minutes before the start of each session.

Enclosed is a Meet Officials Form to be completed by each club and returned to the Meet Director with the Meet Entries Form. The BSF / Technical Director is responsible for assigning Referees, Starters and Stroke/Turn Judges for each session. All Clubs are to provide the Technical Director, Mancer Roberts, with a list of Timers and confirmation that the assigned sessions will be fully manned at the time of submission of Meet Entries.

21. ORDER OF EVENTS

Pursuant to NCR5.2, the programme of events for the National Championships in a 50 metre pool shall be as follows:-

PROGRAMME OF EVENTS

There will be no delay of races to allow swimmers who have entered successive and/or multiple events rest time.

All odd numbered events shall be for girls only and all even numbered events shall be for boys only.

*These events will be seeded events and will be swum as mixed aged groups but scored within the correct age group.

Day 1 Thursday June 25th, 2015 Session 1 Start Time: 9:00am

Type	Event
Finals	13 Girls 9-10 400 Freestyle
Finals	14 Boys 9-10 400 Freestyle
Finals	15 Girls 13 & Over 800 Freestyle
Finals	18 Boys 13 & Over 1500 Freestyle
Prelims	123 Girls 8 & Under 50 Backstroke
Prelims	124 Boys 8 & Under 50 Backstroke
Prelims	125 Girls 9-10 50 Backstroke
Prelims	126 Boys 9-10 50 Backstroke
Prelims	127 Girls 11-12 50 Backstroke
Prelims	128 Boys 11-12 50 Backstroke
Prelims	129 Girls 13-14 50 Backstroke
Prelims	130 Boys 13-14 50 Backstroke
Prelims	131 Girls 15 & Over 50 Backstroke
Prelims	132 Boys 15 & Over 50 Backstroke
Prelims	55 Girls 9-10 100 Butterfly
Prelims	56 Boys 9-10 100 Butterfly
Prelims	57 Girls 11-12 100 Butterfly
Prelims	58 Boys 11-12 100 Butterfly
Prelims	59 Girls 13-14 100 Butterfly
Prelims	60 Boys 13-14 100 Butterfly
Prelims	61 Girls 15 & Over 100 Butterfly
Prelims	62 Boys 15 & Over 100 Butterfly

Day 1 Thursday June 25th, 2015 Session 2 Start Time: 6:00pm

Type	Event
Finals	133 Girls 11-12 200 Breaststroke
Finals	134 Boys 11-12 200 Breaststroke
Finals	135 Girls 13-14 200 Breaststroke
Finals	136 Boys 13-14 200 Breaststroke
Finals	137 Girls 15 & Over 200 Breaststroke
Finals	138 Boys 15 & Over 200 Breaststroke
Finals	123 Girls 8 & Under 50 Backstroke
Finals	124 Boys 8 & Under 50 Backstroke
Finals	125 Girls 9-10 50 Backstroke
Finals	126 Boys 9-10 50 Backstroke
Finals	127 Girls 11-12 50 Backstroke
Finals	128 Boys 11-12 50 Backstroke
Finals	129 Girls 13-14 50 Backstroke
Finals	130 Boys 13-14 50 Backstroke
Finals	131 Girls 15 & Over 50 Backstroke
Finals	132 Boys 15 & Over 50 Backstroke
Finals	55 Girls 9-10 100 Butterfly
Finals	56 Boys 9-10 100 Butterfly
Finals	57 Girls 11-12 100 Butterfly
Finals	58 Boys 11-12 100 Butterfly
Finals	59 Girls 13-14 100 Butterfly
Finals	60 Boys 13-14 100 Butterfly
Finals	61 Girls 15 & Over 100 Butterfly
Finals	62 Boys 15 & Over 100 Butterfly
Finals	11 Girls 8&U 200 Freestyle Relay
Finals	12 Boys 8&U 200 Freestyle Relay
Finals	19 Girls 9-10 200 Freestyle Relay
Finals	20 Boys 9-10 200 Freestyle Relay
Finals	21 Girls 11-12 200 Freestyle Relay
Finals	22 Boys 11-12 200 Freestyle Relay
Finals	23 Girls 13-14 200 Freestyle Relay
Finals	24 Boys 13-14 200 Freestyle Relay
Finals	25 Girls 15 & Over 200 Freestyle Relay
Finals	26 Boys 15 & Over 200 Freestyle Relay

Day 2 AM Friday, June 26th, 2015 Session 3 Start Time: 9:00am

Type	Event
Finals	69 Girls 11-12 400 IM
Finals	70 Boys 11-12 400 IM
Finals	71 Girls 13-14 400 IM
Finals	72 Boys 13-14 400 IM
Finals	73 Girls 15 & Over 400 IM
Finals	74 Boys 15 & Over 400 IM
Prelims	85 Girls 8 & Under 50 Butterfly
Prelims	86 Boys 8 & Under 50 Butterfly
Prelims	87 Girls 9-10 50 Butterfly
Prelims	88 Boys 9-10 50 Butterfly
Prelims	89 Girls 11-12 50 Butterfly
Prelims	90 Boys 11-12 50 Butterfly
Prelims	91 Girls 13-14 50 Butterfly
Prelims	92 Boys 13-14 50 Butterfly
Prelims	93 Girls 15 & Over 50 Butterfly
Prelims	94 Boys 15 & Over 50 Butterfly
Prelims	47 Girls 9-10 100 Backstroke
Prelims	48 Boys 9-10 100 Backstroke
Prelims	49 Girls 11-12 100 Backstroke
Prelims	50 Boys 11-12 100 Backstroke
Prelims	51 Girls 13-14 100 Backstroke
Prelims	52 Boys 13-14 100 Backstroke
Prelims	53 Girls 15 & Over 100 Backstroke
Prelims	54 Boys 15 & Over 100 Backstroke

Day 2 PM Friday, June 26th, 2015 Session 4 Start Time: 6:45pm (Opening Ceremony Assembly 5.45pm).

Туре	Event
Finals Finals	27 Girls 8 & Under 200 Freestyle 28 Boys 8 & Under 200 Freestyle
Finals	29 Girls 9-10 200 Freestyle
Finals	30 Boys 9-10 200 Freestyle
Finals	31 Girls 11-12 200 Freestyle
Finals	32 Boys 11-12 200 Freestyle
Finals	33 Girls 13-14 200 Freestyle
Finals	34 Boys 13-14 200 Freestyle
Finals	35 Girls 15 & Over 200 Freestyle
Finals	36 Boys 15 & Over 200 Freestyle
Finals	85 Girls 8 & Under 50 Butterfly
Finals	86 Boys 8 & Under 50 Butterfly
Finals	87 Girls 9-10 50 Butterfly
Finals	88 Boys 9-10 50 Butterfly
Finals	89 Girls 11-12 50 Butterfly
Finals	90 Boys 11-12 50 Butterfly
Finals	91 Girls 13-14 50 Butterfly
Finals	92 Boys 13-14 50 Butterfly
Finals Finals	93 Girls 15 & Over 50 Butterfly
Finals	94 Boys 15 & Over 50 Butterfly 47 Girls 9-10 100 Backstroke
Finals	48 Boys 9-10 100 Backstroke
Finals	49 Girls 11-12 100 Backstroke
Finals	50 Boys 11-12 100 Backstroke
Finals	51 Girls 13-14 100 Backstroke
Finals	52 Boys 13-14 100 Backstroke
Finals	53 Girls 15 & Over 100 Backstroke
Finals	54 Boys 15 & Over 100 Backstroke
Finals	63 Girls 11-12 400 Medley Relay
Finals	64 Boys 11-12 400 Medley Relay
Finals	65 Girls 13-14 400 Medley Relay
Finals	66 Boys 13-14 400 Medley Relay
Finals	67 Girls 15 & Over 400 Medley Relay
Finals	68 Boys 15 & Over 400 Medley Relay

Day 3 AM Saturday, June 27th, 2015 Session 5 Start Time: 9:00am

Type	Event
Prelims	149 Girls 11-12 200 Butterfly
Prelims	150 Boys 11-12 200 Butterfly
Prelims	151 Girls 13-14 200 Butterfly
Prelims	152 Boys 13-14 200 Butterfly
Prelims	153 Girls 15 & Over 200 Butterfly
Prelims	154 Boys 15 & Over 200 Butterfly
Prelims	37 Girls 8 & Under 50 Breaststroke
Prelims	38 Boys 8 & Under 50 Breaststroke
Prelims	39 Girls 9-10 50 Breaststroke
Prelims	40 Boys 9-10 50 Breaststroke
Prelims	41 Girls 11-12 50 Breaststroke
Prelims	42 Boys 11-12 50 Breaststroke
Prelims	43 Girls 13-14 50 Breaststroke
Prelims	44 Boys 13-14 50 Breaststroke
Prelims	45 Girls 15 & Over 50 Breaststroke
Prelims	46 Boys 15 & Over 50 Breaststroke
Prelims	75 Girls 8 & Under 100 Freestyle
Prelims	76 Boys 8 & Under 100 Freestyle
Prelims	77 Girls 9-10 100 Freestyle
Prelims	78 Boys 9-10 100 Freestyle
Prelims	79 Girls 11-12 100 Freestyle
Prelims	80 Boys 11-12 100 Freestyle
Prelims	81 Girls 13-14 100 Freestyle
Prelims	82 Boys 13-14 100 Freestyle
Prelims	83 Girls 15 & Over 100 Freestyle
Prelims	84 Boys 15 & Over 100 Freestyle

Day 3 PM Saturday, June 27th, 2015 Session 6 Start Time: 6:00pm

Туре	Event
Finals	1 Girls 8 & Under 200 IM 2 Boys 8 & Under 200 IM 3 Girls 9-10 200 IM 4 Boys 9-10 200 IM 5 Girls 11-12 200 IM 6 Boys 11-12 200 IM 7 Girls 13-14 200 IM 8 Boys 13-14 200 IM 9 Girls 15 & Over 200 IM 10 Boys 15 & Over 200 IM 37 Girls 8 & Under 50 Breaststroke 38 Boys 8 & Under 50 Breaststroke 39 Girls 9-10 50 Breaststroke 40 Boys 9-10 50 Breaststroke 41 Girls 11-12 50 Breaststroke 42 Boys 11-12 50 Breaststroke 43 Girls 13-14 50 Breaststroke 44 Boys 13-14 50 Breaststroke 45 Girls 15 & Over 50 Breaststroke 46 Boys 15 & Over 50 Breaststroke 75 Girls 8 & Under 100 Freestyle 76 Boys 8 & Under 100 Freestyle 77 Girls 9-10 100 Freestyle 78 Boys 9-10 100 Freestyle 80 Boys 11-12 100 Freestyle 81 Girls 13-14 100 Freestyle 82 Boys 13-14 100 Freestyle 83 Girls 15 & Over 100 Freestyle 84 Boys 15 & Over 100 Freestyle 85 Girls 8 & Under 200 Medley 86 Boys 8 & Under 200 Medley 87 Girls 9-10 200 Medley Relay 88 Boys 9-10 200 Medley Relay 89 Girls 11-12 200 Medley Relay 99 Girls 11-12 200 Medley Relay

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Day 4 AM Sunday, June 28nd, 2015 Session 7 Start Time: 9:00am

Туре	Event
Finals	117 Girls 11-12 400 Freestyle
Finals	118 Boys 11-12 400 Freestyle
Finals	119 Girls 13-14 400 Freestyle
Finals	120 Boys 13-14 400 Freestyle
Finals	121 Girls 15 & Over 400 Freestyle
Finals	122 Boys 15 & Over 400 Freestyle
Prelims	139 Girls 8 & Under 50 Freestyle
Prelims	140 Boys 8 & Under 50 Freestyle
Prelims	141 Girls 9-10 50 Freestyle
Prelims	142 Boys 9-10 50 Freestyle
Prelims	143 Girls 11-12 50 Freestyle
Prelims	144 Boys 11-12 50 Freestyle
Prelims	145 Girls 13-14 50 Freestyle
Prelims	146 Boys 13-14 50 Freestyle
Prelims	147 Girls 15 & Over 50 Freestyle
Prelims	148 Boys 15 & Over 50 Freestyle
Prelims	95 Girls 9-10 100 Breaststroke
Prelims	96 Boys 9-10 100 Breaststroke
Prelims	97 Girls 11-12 100 Breaststroke
Prelims	98 Boys 11-12 100 Breaststroke
Prelims	99 Girls 13-14 100 Breaststroke
Prelims	100 Boys 13-14 100 Breaststroke
Prelims	101 Girls 15 & Over 100 Breaststroke
Prelims	102 Boys 15 & Over 100 Breaststroke

Day 4 PM Sunday, June 28nd, 2015 Session 8 Start Time: 5:00pm

Туре	Event
Finals	139 Girls 8 & Under 50 Freestyle
Finals	140 Boys 8 & Under 50 Freestyle
Finals	141 Girls 9-10 50 Freestyle
Finals	142 Boys 9-10 50 Freestyle
Finals	143 Girls 11-12 50 Freestyle
Finals	144 Boys 11-12 50 Freestyle
Finals	145 Girls 13-14 50 Freestyle
Finals	146 Boys 13-14 50 Freestyle
Finals	147 Girls 15 & Over 50 Freestyle
Finals	148 Boys 15 & Over 50 Freestyle
Finals	95 Girls 9-10 100 Breaststroke
Finals	96 Boys 9-10 100 Breaststroke
Finals	97 Girls 11-12 100 Breaststroke
Finals	98 Boys 11-12 100 Breaststroke
Finals	99 Girls 13-14 100 Breaststroke
Finals	100 Boys 13-14 100 Breaststroke
Finals	101 Girls 15 & Over 100 Breaststroke
Finals	102 Boys 15 & Over 100 Breaststroke
Finals	103 Girls 11-12 200 Backstroke
Finals	104 Boys 11-12 200 Backstroke
Finals	105 Girls 13-14 200 Backstroke
Finals	106 Boys 13-14 200 Backstroke
Finals	107 Girls 15 & Over 200 Backstroke
Finals	108 Boys 15 & Over 200 Backstroke
Finals	109 Girls 9-10 400 Freestyle Relay
Finals	110 Boys 9-10 400 Freestyle Relay
Finals	111 Girls 11-12 400 Freestyle Relay
Finals	112 Boys 11-12 400 Freestyle Relay
Finals	113 Girls 13-14 400 Freestyle Relay
Finals	114 Boys 13-14 400 Freestyle Relay
Finals	115 Girls 15 & Over 400 Freestyle Relay
Finals	116 Boys 15 & Over 400 Freestyle Relay

Swimmers must attended medal ceremonies in team uniform (top, bottom and shoes) NO TOWELS. In the event a swimmer is unable to attend the ceremony, the club may substitute another swimmer. In the event that the podium is left unfilled or a swimmer participates in the medal presentation without the required uniform, the club will face a \$50.00 fine for every swimmer without proper attire and/or missing swimmer.

All Swimmers participating in the 44th RBC Nationals Championships must show their ID badge to enter the BKKAC, without an ID they will be charged the entry fee.

All swimmers 15+ years of age will be subject to drug testing according to BADC guidelines.

BAHAMAS SWIMMING FEDERATION - June 2nd, 2015

END